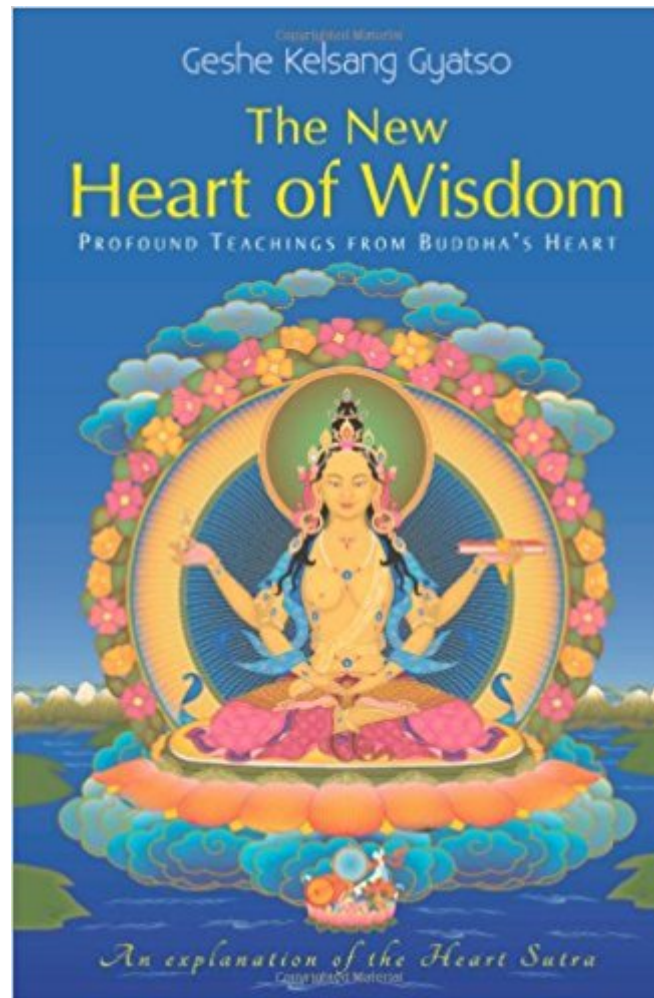




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New Heart Of Wisdom: Profound Teachings From Buddha's Heart



Synopsis

This new and revised commentary to the Heart Sutra—the best known and most popular of all Buddhist scriptures—reveals both its direct and hidden meaning. The author skillfully explains the dream-like nature of all things, the relationship between our mind and our world, and the extent to which we create our own reality. He shows how we can develop and apply this profound understanding in our everyday lives in such a way that we come to experience a deep and unshakeable happiness.

Book Information

Paperback: 352 pages

Publisher: Tharpa Publications; 5 edition (September 1, 2012)

Language: English

ISBN-10: 1906665044

ISBN-13: 978-1906665043

Product Dimensions: 5.2 x 1 x 7.8 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 24 customer reviews

Best Sellers Rank: #940,420 in Books (See Top 100 in Books) #71 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Mahayana #381 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Sacred Writings #951 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Rituals & Practice

Customer Reviews

"An excellent book... for the serious student of Buddhism a better book would be hard to come across". - The Middle Way "...both excellent and comprehensive". - North American Board for East West Dialogue

Geshe Kelsang Gyatso is a fully accomplished meditation master and internationally renowned teacher of Buddhism. He has also founded over 1200 Kadampa Buddhist Centers and groups throughout the world and is primarily responsible for the worldwide revival of Kadampa Buddhism in our time.

The Heart Sutra is almost like the Pater Noster or the Al-Fatiha of Mahayana Buddhism. Although I'm a former Roman Catholic who became a 12er Shia Muslim, I admire the beauty and brevity of

this Sutra. My favorite commentary on this sutra is the one by Vietnamese Zen Master Thich Nhat Hanh. However, a close second is this commentary by Geshe Kelsang Gyatso. For those Tibetan Buddhists who have it in for the New Kadampa Tradition, don't worry, because I liked the Dalai Lama's commentary, also. Just not quite as much as Kelsang Gyatso's New Heart of Wisdom. Red Pine (Bill Porter) has a good one, also, as does Rulu. If I didn't mention your favorite Dharma Master's commentary, it's probably because I haven't read it yet. (smile) Of course, Tibetan Buddhists use a slightly different version of the Heart Sutra than Zen Buddhists do. I like either version. Kelsang Gyatso's commentary gave some insights that were different from those of Thich Nhat Hanh's commentary, which is the result I hope for when reading commentaries of other Dharma teachers. Yet, even though Kelsang Gyatso is a Dharma Master in the New Kadampa Tradition and Thich Nhat Hanh comes from the Rinzai school of Zen, their teachings compliment each other very nicely. For someone interested in the New Kadampa Tradition, I would not start with this book. After reading The New Heart of Wisdom, I bought the free 3-Volume Kindle Book Modern Buddhism and liked it enough that I bought the hardcover edition for my bookshelf. Modern Buddhism is the place to start. If, like me, you just want some background on Buddhism and just want to start a meditation practice, these 3 books - Modern Buddhism, The New Meditation Handbook, and the New Heart of Wisdom, is probably all you need. Be aware that if you be a part of the New Kadampa Tradition, eventually they will ask you to only read books by Kelsang Gyatso, which I don't see as a problem for those who want to be certified as a New Kadampa Tradition teacher. As a 12er Shia Muslim, I'm mainly interested in Buddhism primarily to develop my meditation practice and secondarily because of my interest in Comparative Religion. I couldn't be a New Kadampa Tradition Buddhist because I only pray to One God, so not even the enemies of the New Kadampa Tradition can fault me for reading Kelsang Gyatso's books because I'm not going to pray to Dorje Shugden anyway. I love and respect Shakyamuni Buddha and believe he was/is a Prophet of God, as do many Shia Muslims and traditional Sunni Muslims (especially Sufis) do. One can buy Thich Nhat Hanh's Old Paths, White Clouds - his biography of Shakyamuni Buddha, at Islamic Bookstores that cater to Sufi Muslims, as well as Nhat Hanh's books on the Meditation practice. In the end, Kelsang Gyatso's New Meditation Handbook could be used, also.

As advertised

Amazing, eye- opening, mind expanding, and life changing. Follow these instructions for a more fulfilling, peaceful and happy life.

Wonderful book! Read it today!

Very profound book.

This new presentation of the classic Buddhist scripture, the Heart Sutra is written in a way that makes it easy to understand and put into practice. Geshe Kelsang Gyatso continues to make the ancient scriptures of Buddhism so accessible to today's modern world. I highly recommend!

A very good commentary on an important sutra.

This book is an extremely clear and detailed of the Bodhisattva's perfection of wisdom. In a step by step approach, it explains Avalokiteshvara's explanation in the Heart Sutra of the meaning of profound emptiness and how to meditate on emptiness so as to attain the perfection of wisdom. This book is primarily for advanced practitioners of the Bodhisattva path.

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